

DIVISION OF FOOD AND NUTRITION SERVICES  
MONTGOMERY COUNTY PUBLIC SCHOOLS  
8401 Turkey Thicket Dr  
Gaithersburg, MD 20879

CHILD CARE FOOD PROGRAM CYCLE MENU  
SPRING/SUMMER APRIL 1ST TO SEPTEMBER 30TH  
**MENU #6 S/S**

INSTRUCTIONS: Return completed CYCLE CHANGE REQUEST form 240-53 monthly with MCPS form 240-54 MONTHLY INVOICE

Provider Name: \_\_\_\_\_ Vendor # \_\_\_\_\_ Phone Number: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>BREAKFAST</b>	Fluid Milk	MILK	MILK	MILK	MILK	MILK		
	Fruit, Vegetable or 100% Juice	CRANBERRIES	BLUEBERRIES	KIWI	HASH BROWNS	100% GRAPEJ		
	Grain * Indicate Whole Grain with WG	WG OATMEAL	*****	CHEERIOS * WG	*****	WG ENG MUFFIN		
	Meat /Meat Alternate **		YOGURT *		SCR EGGS			
<b>AM SNACK</b>	Choose two of these four				PLAIN YOGURT			
	Milk	APPRICOTS	RAW VEG	RAISINS	*	BANANA		
	Fruit or Vegetable							
	Meat/Meat Alternate	GRAHAM						
Grain * Indicate Whole Grain with WG	CRACKERS	HUMMUS	WG GOLD FISH	ASST BERRIES	WG RITZ			
<b>LUNCH</b>	Fluid Milk	MILK	MILK	MILK	MILK	MILK		
	Meat/Meat Alternate	TURKEY	EGGS	PORK CHOP	SALMON	CHEESE		
	Vegetable	YAMS	PEPPERS	BOK CHOY	PEAS	TOMATO		
	Fruit or Vegetable	SPINACH	ORANGES	BERRIES	PINEAPPLE	GREEN APPLE		
	Grain * Indicate Whole Grain with WG	ROLL	WG TOAST	WG RICE	WG RITZ	CRUST		
<b>PM SNACK</b>	Choose two of these four							
	Milk	CHEESE	MUFFIN HM	TURKEY	SALSA	3 BEAN SALAD		
	Fruit or Vegetable							
	Meat/Meat Alternate				WG TORTILLA			
Grain * Indicate Whole Grain with WG	WG TOAST	APPLE-SAUCE	PITA BREAD	CHIPS	WG BREAD STICK			
<b>SUPPER</b>	Fluid Milk							
	Meat/Meat Alternate							
	Vegetable							
	Fruit or Vegetable							
	Grain * Indicate Whole Grain with WG							
MCPS form 240-55, Revised 10/2016		DISTRIBUTION:Remove 2; Copy 1 / CACFP; Copy 2 / Provider						